



# Road Trip Packing List

FOR AUTISM ADULT



## MUST HAVES-CAN'T GO WITHOUT!

- Favorite Item- stuffed animal, toy, or book
- Fidget Spinner
- Snacks
- Water
- Change of Clothing
- Wipes
- Pillow/Blanket
- Medicine
- ID/Medical card
- Personal care- toothbrush, hairbrush, shower items, deodorant, soap.
- Member's Mark Total Protection Brief's
- Other:
- Other:

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## EXTRA ITEMS TO HELP WITH TRIP

- Headphones
- Flashlight
- Ziplock bags
- Printed itinerary routines
- Family Pics
- Chewing Gum/Candy
- Cell phone/walkie talkie
- iPad/Tablet
- Other:
- Other:



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